

# NELSON PSYCHOLOGICAL SERVICES

RE-IMAGINING COMMUNITY MENTAL HEALTH

TELEPHONE

954 546 4677

WEB

WWW.NELSONPSYCHOLOGICALSERVICES.COM  
INFO@NELSONPSYCHOLOGICALSERVICES.COM

ADDRESS

8360 W OAKLAND PARK BLVD.  
SUITE 303  
SUNRISE, FL 33351

HOURS OF OPERATION

MON 8AM - 8PM

TUES 8AM - 8PM

WED 8AM - 8PM

THURS 8AM - 8PM

FRI 8AM - 4PM

SAT 8AM - 4PM

SUN (UPON REQUEST)

## THERAPY SERVICES

- Individual
- Family
- Group
- Crisis Intervention
- Prevention Services

## COMMUNITY GROUPS

- Stress Management
- Integrated Health and Wellness
- Fatherhood Engagement
- Military Transitioning
- Education and Support

## FORENSIC EVALUATIONS

- Re-entry Support
- Mental Health & Addiction Treatment
- Employment Counseling
- Court Diversion Programming
- Competency Evaluations

## PSYCHOLOGICAL TESTING

- Cognitive
- Aptitude
- Personality
- Adaptive Functioning
- Intellectual

*\*Inquire about additional services*



## NELSON PSYCHOLOGICAL SERVICES

Re-imagining Community Mental Health

THERAPY SERVICES / COMMUNITY GROUPS / FORENSIC EVALUATIONS / PSYCHOLOGICAL TESTING



AND MANY OTHER SERVICES  
TO MEET YOUR WELLNESS NEEDS, CONTACT US!

954 546 4NPS main / 954 246-4996 fax

NELSONPSYCHOLOGICALSERVICES.COM / INFO@NELSONPSYCHOLOGICALSERVICES.COM

## OUR MANTRA

In today's times balancing our daily responsibilities can make obtaining emotional wellness challenging and not a priority. We at NPS are pleased that you are taking a step closer to bringing balance into your life. We are here to assist you with your sensitive and confidential issues with compassion and unbiased understanding. We aim to serve our clients under the simple principles of:

*Live, Be Well, and Prosper*

### LIVE

ARE YOU LIVING AT YOUR FULL POTENTIAL?

### BE WELL

WE CAN HELP YOU NOT ONLY TO DEVELOP COPING SKILLS, BUT ALSO LEARN HOW TO MANAGE NEGATIVE EMOTIONS, SUCH AS ANGER, FRUSTRATION, ANXIETY, SELF-DEFEAT, EVEN THOUGHTS OF SUICIDE SO THAT YOU ARE NOT BOGGED DOWN AND OVERWHELMED.

### PROSPER

TAKING ACTION TOWARDS EMOTIONAL WELLNESS CAN HAVE SIGNIFICANT IMPACT ON ONE'S ABILITY TO FLOURISH. THOUGH OUR STRENGTH-BASED APPROACH WE WILL WORK TO ASSIST YOU IN TAKING YOUR LIFE TO THE NEXT LEVEL.

# Nelson Psychological Services

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THERAPY SERVICES - COMMUNITY GROUPS - FORENSIC EVALUATIONS - PSYCHOLOGICAL TESTING

Nelson Psychological Services, LLC was founded by Licensed Clinical Psychologist, Dr. Tiesha Nelson. Our agency is dedicated to improving the quality of life of our community, through compassion, understanding and competence. It is our belief that with improved mental health, quality of life will be improved. NPS works with the client to identify and begin overcoming barriers for success, emotional wellness or mental health related issues which impedes one from living well.

## APPOINTMENTS

Call, email, or visit our website to schedule an appointment.

**954 546 4677**

[INFO@NELSONPSYCHOLOGICALSERVICES.COM](mailto:INFO@NELSONPSYCHOLOGICALSERVICES.COM)

WHILE WE SERVE  
ALL COMMUNITIES, NPS IS AN  
ADVOCATE FOR QUALITY MENTAL HEALTH SERVICES FOR  
BLACK AND BROWN, LGBTQ AND OTHER UNDERSERVED  
OR POORLY SERVED INDIVIDUALS OR  
COMMUNITIES.